GEEO ITINERARY

Mainland Greece 11/22/2026

Day 1: Athens Arrive in Athens at any time. Meet your group for a welcome meeting in the evening.

Arrive in Athens at any time. There are no planned activities until the Welcome Meeting in the evening. The Athens airport is **Athens International Airport Eleftherios Venizelos (ATH)**.

Consider arriving 1-2 days early to explore the city, adjust to the time zone, and buffer against flight delays. We can request extra hotel nights for you before the program begins.

Hotel Check-in and Welcome Meeting
Hotel check-in is normally between 2–3 p.m. Check with reception for the exact time and location of the group welcome meeting, typically between 5–7 p.m. Please make every effort to attend this meeting. If you're running late, send a message in the group WhatsApp or call the emergency number on your trip voucher so that your tour leader can let you know where and when to meet the group.

After the meeting, you might choose to get dinner at a nearby restaurant with your traveling companions and your tour leader to further get to know one another.

Note: *Like many GEEO programs in Europe, this trip uses public transportation. This means you will need to have luggage you can easily carry with you up and down stairs, on and off trains and buses, etc.*

> **Joining Instructions**
> Taxi: (€38-50 | ~45min) Available at the airport.
> Metro: Take the M3 to Agia Marina (departs every 30 minutes). After 16 stops (~40 min) get off at Monastiraki Station. You can walk from here about (~15min/1.3km), or you can transfer to the M1 Metro for 1 stop, (~2min) to Omonia Station. The hotel is a 2min walk from Omonia Station. Exit the station and Head west on Pl. Omonias toward 3is Septemvriou. Turn right onto 3is Septemvriou. Turn right onto Chalkokondili.

Day 2: Athens Free morning. In the evening, have a refreshment at the non-profit cafe, Shedia Home, then explore the city of Athens on a guided walking tour. Later, attend a cooking class with a local chef.

Athens is the capital of Greece, a city of culture, science, and commerce. From the colorful markets to the ancient monuments and the hustle and bustle of Plateia Syntagmatos (Constitution Square), Athens is rich with history and had a profound impact on the development of Western civilization. Named after the goddess of wisdom Athena, Athens encompasses eight hills within its borders. The most prominent of these, the Acropolis, stands as the ultimate architectural and artistic expression of the ancient Athenian spirit. Athens is a growing city, engulfing its neighboring suburbs all the way to Piraeus, the city's port and gateway to the Greek Isles.

Enjoy a free morning to immerse yourself deeper into this historical city; opt to visit the new Acropolis Museum, the Ancient Agora, or the National Archaeological Museum.

Later, we visit the Acropolis, the ultimate architectural and artistic expression of the ancient Athenian spirit, as well as the Parthenon, built for the Goddess Athena in 447 BC. Despite the gradual state of ruin and damage sustained over time, this Greek temple still symbolizes the key ideals of harmony and balance that defined the Classical style of Greek architecture.

During the walking tour, take time to relax at Shedia Home, a non-profit cafe providing purpose and employment to over 150 individuals experiencing homelessness in Athens. You'll enjoy a drink while one

of Shedia’s guides recounts the recent history of Greece’s financial crisis, which has made initiatives like Shedia even more important for those who have found themselves without work and shelter. Your stop here supports their initiatives, including the cafe, art program, and magazine, all dedicated to supporting the community.

In the evening, join a cooking class with a local chef to prepare and enjoy a traditional Greek meal.

Meals included: Breakfast | Dinner

Day 3: Athens/Meteora Visit to the stunning mountaintop monasteries of Meteora.

Today, we travel north to Kalambaka, our base for exploring the spectacular “hanging” monasteries of Meteora, perched atop pinnacles of rock.

You may opt to do a sunset tour, where you can listen to the stories and legends of Meteora from a local guide. Visit one of the six active monasteries, see the Byzantine church of Virgin Mary, and enjoy great views from the most panoramic spots. The tour ends with an awe-inspiring sunset, which you will watch from a magical spot high up on the rocks of Meteora.

Approximate travel time: 3 hrs by train and 2 hrs by bus
Meals included: Breakfast

Day 4: Meteora Spend a full free day in the area exploring the monasteries, or opt to pre-book a guided hiking tour.

Explore the Meteora area with free time today. Travel by local bus, or if you’re feeling adventurous, lace up your hiking boots and explore the trails and monasteries on foot with a local guide.

Choose to participate in an 8 kilometer (5 mile) guided hiking tour to the monasteries. First, visit the Megalou Meteorou Monastery, known for its dramatic location atop a towering rock formation Afterward opt to hike to Varlaam Monastery, accessible by climbing 195 steps and known for breathtaking views and richly adorned with frescoes and religious icons. Choose to finish the day with a hike to Saint Nikolai Monastery, a lesser known but equally as beautiful complex, or otherwise head back to Kalambaka.

NOTE: Keep in mind that most of the monasteries require men and women to cover their knees and shoulders. Most provide clothing that can be borrowed, but they often are not freshly washed. Past travelers have told us that women need to wear skirts and that long pants are not acceptable. You can wrap a large scarf around your waist to act as a skirt.

Meals included: Breakfast

Day 5: Meteora/Delphi Visit Thermopylae, Ancient Delphi and the Temple of Apollo during the day, followed by a free evening.

Begin your day with a visit to Thermopylae, where you’ll explore the site and Information Center dedicated to the famous battle that shaped Greek history. Continue to Delphi, where you’ll take an orientation walk and tour the ancient city with a local guide.

Travel through the scenic mountains around Mt. Parnassos to reach Delphi, a UNESCO World Heritage Site perched at the edge of a cliff with fantastic views of the valley below. Wander among ancient buildings like treasuries, a stadium, a gymnasium, an altar, hippodrome, and the Temple of Apollo. The Temple of Apollo dates back to the 4th century BCE. Over the years, war and earthquakes have

destroyed the site, but the ruins still standing today offer a fantastic insight into the lives of the ancient Greeks.

Spend the evening at your leisure, exploring the charming town or relaxing in a café with views of the nearby valley.

Approximate travel time: 4.5-5.5 hrs by private bus
Meals included: Breakfast

Day 6: Delphi/Náfplio Travel to Náfplio with a stop at the Corinth Canal on the way. Take part in an orientation walk, then spend the evening exploring.

We travel to Náfplio, often described as one of the country's prettiest towns, this morning. On the way, we will take a quick break at the Corinth Canal, a marvel of engineering, connecting the Gulf of Corinth to the Saronic Gulf in Greece.

Once we arrive, enjoy a brief orientation walk, then lose yourself in the narrow pedestrian streets of the old town and explore the many sights, sounds, and smells Náfplio has to offer. Don't miss the climb up to the Acronáfplia and Palamidi Fortresses, whose proud Venetian ramparts dominate Náfplio's skyline. The views from the top of Acronáfplia are phenomenal, looking back over the bay to Argos and out into the Saronic Gulf.

Approximate travel time: 4.5 – 5 hrs by private vehicle
Meals included: Breakfast

Day 7: Náfplio/Athens Spend a free day enjoying the area. Opt to visit Epidavros, as well as the nearby site of Mycenae, before transferring to Athens in the late afternoon.

Today, you have free time to enjoy Náfplio and the surrounding region. There is a wealth of ancient sights within easy reach of Náfplio if you're looking for some more culture to round out your experience. You might consider a guided tour of Epidavros, which is highly regarded as one of the most renowned of Greek ancient sights, housing a huge, well-preserved theater famous for its incredible acoustics, as well as the remains of an important medical sanctuary.

Also close by, opt to visit Mycenae, a UNESCO World Heritage Site with spectacular ruins and a treasury. Once a major settlement of Greek civilization, Mycenae was occupied during the Neolithic period around 4000 BC and is linked to the mythology in Homer's epics, the *Iliad* and the *Odyssey*.

You could also visit Tiryns, a lesser-known Mycenean site, hidden in the suburbs of Náfplio. Along with Mycenae, Tiryns is a listed UNESCO World Heritage Site and was first excavated in 1831 by German archaeologists.

In the late afternoon, transfer back to Athens for the night.

Meals included: Breakfast

Day 8: Athens Depart Athens at any time.

There are no planned activities today, so you may depart at any time. The tour ends in Athens, and the nearest airport is **Athens International Airport Eleftherios Venizelos (ATH)**. If you wish to extend your stay in Athens, consider requesting post-trip accommodation with us.

Please note that check-out time from the hotel is usually mid-morning, but luggage storage services are available at the reception desk.

Meals included: Breakfast

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> **Interested in extending your time abroad?** Beyond our educator programs, we can also help you book from G Adventures' extensive catalog of tours. These tours aren't tailored to educators the way our programs are, but booking through GEEO means you'll receive a discounted educator rate while supporting our nonprofit work.

Where you'll stay

The hotels listed below reflect the properties expected to be used for this program. Final accommodations are subject to change based on group size, availability, or seasonality. The confirmed start and end hotels are listed on your trip voucher:

Day 1 Athens (Nov 22): Parnon Hotel Athens

Day 2 Athens (Nov 23): Parnon Hotel Athens

Day 3 Kalampáka (Nov 24): Hotel Kosta Famissi

Day 4 Kalampáka (Nov 25): Hotel Kosta Famissi

Day 5 Delphi (Nov 26): Hotel Acropole Delphi

Day 6 Náfplio (Nov 27): Park Hotel Nafplio

Day 7 Athens (Nov 28): Parnon Hotel Athens

****Itinerary Disclaimer****: While it is our intention to adhere to the routes described on our website, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable, to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The information on our website is a general guide to the tour and region, and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.*