
GEEO ITINERARY

Japan w/ The Ohio State University

Day 1: Osaka Arrive in Osaka at any time. Meet your group for a welcome meeting around 6:00 or 7:00 p.m.

Arrive in Osaka at any time. There are two options for airports in Osaka: **Kansai International Airport (KIX)** and **Osaka International (Itami) Airport (ITM)**. Due to the potential for flight delays or cancellations, we recommend that you plan to arrive in Japan at least a day in advance. This will also give you time to adjust to the time difference and overcome any jet lag. We can book extra hotel nights for you in Osaka before the trip. **Hotel Check-in and Welcome Meeting** Please note that check-in at the hotel is usually around 2:00-3:00 p.m. There are no planned activities until an intro meeting around 6:00 or 7:00 p.m., usually in the hotel lobby. Check for a sign or ask at the reception desk about the exact time and location of the group meeting. Please make every effort to arrive in time for this meeting. If you are delayed and will arrive late, please inform us. Your tour leader will then leave you a message at the front desk informing you of where and when to meet up tomorrow. After the meeting, you might choose to get dinner at a nearby restaurant with your traveling companions and your tour leader to further get to know one another. **Joining Instructions** Getting to Hearton Hotel Nishi Umeda

- By train: The nearest station is JR Osaka station, approximately 3 mins walking.
- From Kansai International Airport: **By train:** Take a train from Kansai Airport Station (1F). The JR Kansai Airport Rapid Service takes about 75 mins, and the train ticket is ¥1,210 JPY. **By Airport Limousine Bus from Terminal 1:** Depart from bus stop #5. Tickets can be purchased on floor 1F at the Airport bus stop C Ticket Window. **By Airport Limousine Bus from Terminal 2:** Depart from bus stop #1. Tickets can be purchased on floor 1F at the Airport bus stop A Ticket Window. It takes about 65-80 mins and costs ¥1,600 JPY. Get off at HERBIS Osaka, then walk towards the HAL Osaka building for about 2 mins.
- From Osaka International Airport (Itami Airport): Take the Airport Limousine Bus from bus stop #9. It takes roughly 30 mins and costs ¥650 JPY. The bus tickets can be purchased at ticket vending machine near the bus stop. Get off at HERBIS Osaka, then walk towards HAL Osaka building for about 2 mins.

Accommodation: Holiday Inn Express Osaka City Centre - Midosuji (or similar)

Day 2: Osaka/Kōyasan Travel to the center of Buddhism in Japan and sleep in a temple atop Mount Kōya. Savor a traditional dinner of shojin ryori (Buddhist vegetarian cuisine). Watch the monks pray the following morning.

Journey to Mount Kōya, the religious headquarters of Shingon Buddhism founded in 816 by the Buddhist monk Kobo Daishi, one of Japan's most significant religious figures. The train ride up to the wooded mountaintop is possibly one of the finest rail journeys in Japan. For the final steep ascent, switch to the funicular and then hop on a bus to reach the monastery. Explore the temples and moss-covered Oku-no-in cemetery in the afternoon. In the evening, dine on shojin ryori (typical vegetarian cuisine), experience the temple lodging (shukubo), and relax in a yukata or kimono. During the overnight stay in the mountain temple, witness the monks' routines. Early morning at the temple the next day, observe the monks praying before a vegetarian breakfast. **Approximate travel time:** 3 hrs by train, funicular, and bus **Accommodation:** Sekishoin (or similar) **Meals included:** Breakfast | Dinner

Day 3: Kōyasan/Hiroshima Watch the monks pray in the morning and enjoy a traditional breakfast. Have some free time to enjoy Kōyasan before traveling to Hiroshima in the afternoon.

Early morning at Mount Kōya offers the opportunity to observe the monks as they pray. Breathe the fresh mountain air and soak in the beautiful surroundings before a vegetarian breakfast. Later, visit Oku-no-in,

the most sacred site in Kōyasan and the location of Kobo Daishi's mausoleum. The area is surrounded by a massive cemetery, the largest in Japan, with over 200,000 tombstones lining the path to Kobo Daishi's mausoleum. Be sure to see Toro-do Hall (the Hall of Lamps), the main place of worship where more than 10,000 lanterns are kept burning day and night. In the afternoon, journey back down the mountain and board a train to Hiroshima, a historically significant city marked by the explosion of the first atomic bomb in 1945. **Approximate travel time:** 5 hrs by bus, funicular, and bullet train **Accommodation:** Toyoko Inn Hiroshimaeki Shinkansenguchi II (or similar) **Meals included:** Breakfast

Day 4: Hiroshima This morning, visit the Peace Park and Memorial Museum commemorating the events of 1945. In the afternoon, take a ferry ride over to the sacred island of Miyajima to see the famous floating Torii Gate. Opt to hike around Mt. Misen.

Walk through the Peace Park in the center of Hiroshima, a living memorial dedicated to the tens of thousands who died from the atomic bomb blast in 1945. Visit the statue of Sadako Sasaki, a young girl who died of leukemia as a result of the bomb blast, despite folding 1,000 origami paper cranes to appeal to the gods to make her well. See the frame of the Genbaku Dome, the sole building to withstand the explosion. Reflect, remember, and be reminded of the power we all hold to create peace. Take a trip to Miyajima Island, famed as one of Japan's most scenic spots, with a free afternoon to explore. See the famous floating Torii Gate, set out in the bay, which glows extraordinarily at sunset. The island is dotted with shrines and temples, populated by deer, and traversed with hiking trails for those who want to get some exercise. There are also shopping lanes full of souvenirs and tasty treats. Visit Miyajima at your own pace, and have the option to hike up to the peak of the island, Mt. Misen, to see spectacular views of the surrounding islands. **Approximate travel time:** 1.5 hrs (round-trip ferry) **Accommodation:** Toyoko Inn Hiroshimaeki Shinkansenguchi II (or similar)

Day 5: Hiroshima/Kyoto Travel to Kyoto and start exploring. Visit the impressive Nijo Castle and gardens, a UNESCO World Heritage Site. In the evening, explore the geisha district of Gion on a walking tour with your tour leader.

Travel to Kyoto, the traditional heart of Japan, where you will visit the Nijo Castle and gardens, a UNESCO World Heritage Site. In the evening, walk through Gion, Kyoto's most famous geisha district, with your tour leader. Visit shops, restaurants, and ochaya (teahouses), where geiko (Kyoto dialect for geisha) and maiko (geiko apprentices) entertain. **Approximate travel time:** 1.5-2 hrs by bullet train **Accommodation:** Prince Smart Inn Kyoto Sanjo (or similar)

Day 6: Kyoto Visit to the beautiful Fushimi Inari Taisha shrine and walk under the bright torii gates. Opt to shop, stroll along the riverbank, or explore another of Kyoto's many temples with free time.

Visit the Fushimi Inari shrine, located just outside of Kyoto. Walk under the thousands of iconic torii gates (as seen in the film *Memoirs of a Geisha*) and enjoy the peaceful atmosphere. The shrine itself is at the base of the Inari mountain but includes many trails up to smaller shrines in the area. This afternoon, enjoy free time in this picturesque city. Kyoto is home to over 2,000 temples, including some of the most magnificent in the country, dating back centuries. Use your free time to continue exploring. The options are endless; the city also boasts museums, castles, and traditional gardens. Or, opt to visit neighboring Nara or Osaka. **Accommodation:** Prince Smart Inn Kyoto Sanjo (or similar)

Day 7: Kyoto/Hakone Take a boat ride on Lake Ashino-ko and (hopefully) catch a glimpse of majestic Mt. Fuji. After, travel to Hakone, a town in the hills famous for its onsens, or natural hot springs.

Hop aboard a passenger boat to cruise the waters of Lake Ashinoko. If you are lucky, on a clear day, you can capture a view of Mt. Fuji. The lake was formed from the caldera of Mt. Hakone following its eruption 3,000 years ago. Later, travel to Hakone and enjoy a Japanese multi-course kaiseki meal. The town is

known for its natural hot springs; finish the day with a soak in an onsen. *Please note that we will be using an overnight luggage service between Kyoto and Tokyo. We suggest preparing an overnight backpack to carry what you need during this time.* **Approximate travel time:** 3 hrs by bullet train, 30 mins by bus
Accommodation: TKP Hotel & Resort Rekutore Hakone Gora (or similar) **Meals included:** Dinner

Day 8: Hakone/Tokyo Head to Tokyo with time to do some last-minute shopping.

Arrive in Tokyo before noon with time to explore this energetic metropolis. Opt to visit Ueno Park and its museums, Akihabara for cutting-edge electronics, Harajuku for funky fashions, Ginza for the highest of the high end, the grounds of the Imperial Palace East Garden, or just stroll the streets. Get a glimpse of the traditional Japanese life that still lies just under the modern surface. **Approximate travel time:** 2 hrs by bullet train **Accommodation:** Shinjuku Washington Hotel (or similar) **Meals included:** Breakfast

Day 9: Tokyo Depart Tokyo at any time.

There are no planned activities today, so you may depart at any time. The tour ends in Tokyo, and the nearest airport is **Tokyo International Airport (Haneda) (HND)**. Tokyo is a huge, vibrant city, and we highly recommend extending your stay in Tokyo by at least one day to allow more time to experience this incredible city. You may book post-trip accommodation at your hotel in Tokyo through us. Please note that check-out time from the hotel is usually mid-morning, but luggage storage services are available at the reception desk. Want more adventure? Book two or more GEEO programs in the same school year and receive a discount! GEEO will give you 10% off of the lesser value program(s) (up to 3 programs per year). If you would like to extend your time abroad but don't see another GEEO program that interests you, let us know. We can work with you to find a trip from our tour operator's much larger catalog. Their tours are open to the general public and not designed specifically for educators, but we can still offer you and your travel companions a discounted educator price on any additional tours that you book.

****Itinerary Disclaimer:** While it is our intention to adhere to the routes described on our website, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable, to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The information on our website is a general guide to the tour and region, and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.*