
GEEO ITINERARY

Colombia Express

Day 1: Bogotá Arrive in Bogotá at any time.

You may arrive in Bogotá at any time today. There are no planned activities today, so check into our hotel and enjoy the city. We will have a group meeting in the evening around 6:00 p.m. There will be a note at the front desk to let you know the exact time and location of the meeting. The note will also tell you what time to meet in the lobby in the morning if you arrive too late for the meeting. If you miss this meeting, please don't worry; your tour leader will go over everything with you in the morning.

Day 2: Bogotá/Armenia (B) Visit the Paloquemao market before an afternoon flight to Armenia in Colombia's coffee region, where you will spend two nights in a traditional hacienda.

Visit Bogotá's historic, bustling market center. Frequented daily by Bogotá's residents and chefs alike, the Paloquemao market offers everything from new-age ingredients to traditional Colombian staples. Get caught up in the whirlwind of food stalls, flower shops, boutiques, and cafés while navigating through the market and sampling the best the city has to offer. In the afternoon, fly to Armenia in the country's coffee-growing region. Spend the next two nights in a traditional hacienda (Spanish for "estate") and coffee farm to get a closer look at life in Colombia's beautiful *Eje Cafetero*. Approximate travel time: 1 hr by plane

Day 3: Armenia (B, L) Enjoy a tour of a coffee farm in the Calarcá area to learn more about the coffee culture here.

Visit the town of Armenia before heading out to a local coffee farm to learn more about the production of this important crop and its route from seed all the way to your coffee cup. Savor a taste of this famous Colombian export.

Day 4: Armenia/Salento (B) Take a morning hike through the Cocora Valley before an afternoon arrival in Salento. Continue the full coffee experience in the region of Quindío.

Head into the Cocora Valley by 4x4 and take in the magnificent views. Get active with a 2- to 3-hour hike through the area and learn more about this fertile region. Approximate travel time: 30 minutes by private vehicle

Day 5: Salento/Medellín (B) Drive through beautiful landscapes to Medellín. Opt to explore the city in the evening.

Drive to Medellín, passing through beautiful landscapes of the Andes Mountains, coffee plantations, and small towns along the way. Opt to explore Medellín in the evening. Approximate travel time: 8-9 hrs by local bus

Day 6: Medellín (B) Enjoy a neighborhood tour of the city and learn the fascinating history of the city's recent and ongoing transformation. During your free time, spend the rest of the day exploring this vibrant city.

Really get to know Colombia's second-largest city during a neighborhood tour. Medellín has been revitalized since the issues with drug cartels in the 1980s and 1990s, and it is now one of South America's most innovative and artistic cities. Explore the city's varied barrios filled with shops, parks, museums, churches, markets, and delicious cuisine. You will have the afternoon free, with plenty of

optional activities to choose from, such as a visit to the famous rock El Peñol or a ride on a sightseeing bus.

Day 7: Medellín (B) Enjoy another free day and opt to visit the nearby town of Guatapé, with its colorful houses and famous rock. Or ride the metrocable, a public cable car, for sweeping views of the city and surrounding mountains.

Enjoy another free day and opt to visit the nearby town of Guatapé, with its colorful houses and famous rock, El Peñol, a giant monolith formed approximately 70 million years ago. Or ride the metrocable, a cable car that is part of Medellín's public transportation, for sweeping views of the city and surrounding mountains.

Day 8: Medellín/Cartagena (B) Hop on a morning flight to Cartagena and arrive in time to spend the afternoon exploring the old walled city. Opt for dinner and a night out in this lively town.

Arrive in Cartagena after a morning flight from Medellín, and spend the afternoon exploring the old walled city. Your tour leader will take your group on an orientation walk before setting you loose to see the city on your own. Opt for a group dinner and a night out in this lively town. Approximate travel time: 1.5 hrs by plane

Day 9: Cartagena (B) Depart Cartagena at any time.

Our tour concludes today, and you may depart Cartagena at any time. Want more adventure? Book two or more GEEO trips in the same year and receive a discount! GEEO will give you 10% off of the lesser value program(s) (up to 3 programs). If you don't see a program that interests you that pairs with this trip but still would like to extend your time abroad, let us know. We will work with you to find a non-teacher trip from our tour operator's much larger catalog. Even better, if you are an educator, we can still offer you a discounted price on the trip you choose!