
GEEO ITINERARY

Hiking the Canary Islands 3/24/2025

Day 1: Puerto de la Cruz Arrive in Puerto de la Cruz at any time. Meet your group for a welcome meeting around 6:00 or 7:00 p.m.

You may arrive in Puerto de la Cruz at any time today. The nearest airport is **Tenerife North-Ciudad de La Laguna Airport (TFN)**. **Hotel Check-in and Welcome Meeting** Please note that hotel check-in usually opens around **2:00-3:00 p.m.**, so if your flight arrives early in the morning, you may wish to book a pre-trip hotel night so that you can rest when you arrive. There are no planned activities until an intro meeting around 6:00 or 7:00 p.m., usually in the hotel lobby. Check for a sign or ask at the reception desk about the exact time and location of the group meeting. Please make every effort to arrive in time for this meeting. If you are delayed and will arrive late, please inform us. Your tour leader will then leave you a message at the front desk informing you of where and when to meet up tomorrow. After the meeting, you might choose to have dinner at a nearby restaurant with your traveling companions and your tour leader to get to know one another further. Tenerife is an Atlantic gem with white sand beaches, turquoise waters, rugged volcanic coastlines, and lush mountains. Formed by volcanic eruptions millions of years ago, the largest of the Canary Islands is shadowed by Mount Teide.

Accommodation: GF Noelia Hotel Playa Puerto de la Cruz (or similar) * *For the actual hotel your specific departure will be using, please check your voucher.*

Day 2: Puerto de la Cruz/Anaga Rural Park Head north to Anaga Rural Park for a guided hike through the ancient laurisilva forest to the village of Chinamada. Return to Puerto de la Cruz for a free afternoon.

Head north to Anaga Rural Park, a UNESCO Biosphere Reserve carved by volcanic eruptions over 7 million years ago. Enjoy a guided hike through the ancient subtropical laurel forest (laurisilva), lush with trees, ferns, moss, and lichen—heaven for bird watchers. Continue to the coast and watch the landscape change as we follow the Atlantic cliffs to the village of Chinamada. Here we visit pre-historic cave dwellings and get a glimpse of the locals' daily life. The 3.7-mile hike will take approximately 3.5 hours. Return to Puerto de la Cruz for a free afternoon. Opt to visit Sitio Litre botanical gardens, which feature an 18th-century mansion and lush, lovely gardens known for their variety of orchids. Or visit the beautiful winery of the Monje family, which has been producing Canarian wine since 1750. Try a selection of red, white, and rose in the lush countryside with stunning views of El Teide volcano. **Approximate travel time:** 1.5 hrs by private vehicle; 3.5 hrs hiking **Accommodation:** GF Noelia Hotel Playa Puerto de la Cruz (or similar) **Meals included:** Breakfast | Lunch

Day 3: Puerto de la Cruz/Teno Rural Park Hike in the Teno Rural Park from Erjos to Masca, with rewarding views just about the whole way through.

Set out on a 10-mile hike in the Teno Rural Park beginning from the mountainside village of Erjos. Walk along a stunning mountain ridge to Cruz de Gala on your way to the Bólico summit. You'll also be able to see great views of the neighboring islands and the ancient volcanic landscape in the Masca Valley. You'll finish the hike in the picturesque village of Masca before returning to Puerto de la Cruz. **Approximate travel time:** 2 hrs by private vehicle, 4-5 hours hiking **Accommodation:** GF Noelia Hotel Playa Puerto de la Cruz (or similar) **Meals included:** Breakfast | Lunch

Day 4: Puerto de la Cruz/Costa Adeje Visit the colonial town of Orotava, then hike through the volcanic caldera of Teide National Park. Enjoy sweeping views of the park from the viewpoint at the summit of Samara. Continue on to the beach town of Costa Adeje.

Take a short visit to the colonial town of Orotava, the gateway to Tenerife's central volcano, Mount Teide. Take in the stunning architecture of the town, known for its beautiful interior courtyards and intricately

carved wooden balconies. Then hike in Teide National Park, a UNESCO World Heritage Site. The rocky trail passes through the beautiful volcanic landscape of ash, pumice, and lava slopes within the 10-mile-wide crater. Hike up to the viewpoint on Samara peak for sweeping panoramic views, and catch a glimpse of Mount Teide, Spain's highest Peak at 12,188 ft. **Accommodation:** GF Isabel Hotel Costa Adeje (or similar) **Meals included:** Breakfast | Lunch

Day 5: Costa Adeje Enjoy a free day in Costa Adeje.

Take a full free day to relax on the golden sand beaches in Costa Adeje for which Tenerife is admired, and wander the bustling promenade. Or opt for an excursion to the smaller nearby island of La Gomera. Garajonay National Park, a UNESCO World Heritage Site, covers over 70% of La Gomera's surface area and is home to a unique laurel forest ecosystem that has been preserved for millions of years.

Accommodation: GF Isabel Hotel Costa Adeje (or similar) **Meals included:** Breakfast

Day 6: Costa Adeje Depart Costa Adeje at any time.

There are no planned activities today, so you may depart Costa Adeje at any time. The nearest airport is **Tenerife South Airport (TFS)**, but it is possible to take a shuttle to Tenerife North Airport (TFN) if a round-trip ticket is the most affordable airfare option. If you wish to extend your stay in Costa Adeje, consider booking post-tour accommodation with us. Please note that check-out time from the hotel is usually mid-morning, but luggage storage services are available at the reception desk. Want more adventure? Book two or more GEEO programs in the same school year and receive a discount! GEEO will give you 10% off the lesser-value program(s) (up to three programs per year). If you would like to extend your time abroad but don't see another GEEO program that interests you, [let us know](#). We can help you find a trip from our partner tour's much larger catalog. Their tours are open to the general public and not designed specifically for educators, but we can still offer you and your travel companions a discounted educator price on any of their tours, and you would still receive GEEO's fast and attentive customer service. **Meals included:** Breakfast

***Itinerary Disclaimer:** While it is our intention to adhere to the routes described on our website, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable, to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The information on our website is a general guide to the tour and region, and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.