#### **GEEO ITINERARY**

X - PERU FAMILY for Teachers 12/29/2022

#### Day 1: Lima Arrive in Lima at any time.

Arrive in Lima at any time. There are no planned activities so check into our hotel and enjoy the city. We will have a group meeting in the evening around 6:00 p.m. There will be a note at the front desk to let you know the precise time of the meeting. The note will also tell you what time to meet in the lobby in the morning if you arrive too late for the meeting. If you miss this meeting, please don't worry, your tour leader will go over everything with you in the morning. If you booked the Lima Cooking Class it does not include extra time in Lima and we highly recommend booking pre-trip accommodation. You will be picked up from your hotel today at approximately 10:30 and taken to a local market and restaurant to prepare and enjoy a traditional Peruvian meal. You will return back to your hotel around 1 PM.

## Day 2: Lima/Cusco (B) Fly to Cusco. Free time to shop and explore. Choose to pre-book the Cusco Cooking Class. Opt for a city tour, visit museums or archaeological sites.

This morning, we transfer to the airport for the flight to Cusco, where we will spend the rest of the day relaxing and exploring this fascinating city, and – most importantly – getting used to the altitude. Please take it easy on your first day as strenuous activity can exacerbate symptoms of altitude sickness. You will be returning to Cusco for a full free day later on in the trip, which will give you more time to explore. Please note: If you pre-book the Cusco Cooking Class you will be picked up from your hotel at approx 12:30 and taken to a local market and restaurant to prepare and enjoy a traditional Peruvian meal. Return back to your hotel around 4 PM. Approximate travel time: 1.5 hrs by flight

# Day 3: Cusco/Ollantaytambo (B, L) Enjoy a full-day guided tour of the Sacred Valley. Stop at the G Adventures-supported women's weaving co-op. Visit a pottery-making community. Break for lunch at the Parwa Community Restaurant. Optional hike to the Ollantaytambo storehouses.

Enjoy a full-day guided tour of the Sacred Valley. Visit the Ccaccaccollo community center, enabling local women to sell traditional textiles to travelers. See local weaving and dyeing techniques used to create garments and souvenirs, and learn how the Planeterra weaving co-operative has impacted the community and those who visit it. Next, we visit the rural village of Cuyo Chico, where a group of families joined together to create a small business based on their traditional adobe ceramic crafts. Using clay from their surroundings, they mold bowls, plates, and all manner of decorations. Learn about the ceramics process as well as the traditional adobe brick-making that forms the basis of houses throughout the valley, all while taking in a spectacular view of the Pisac Ruins. Have lunch at the G Adventures-supported Parwa Community Restaurant. Learn about the G Adventures for Good project and eat a delicious buffet-style lunch. Proceeds of this meal go directly back to the remote community. After lunch, opt to head out on a hike to the Ollantaytambo storehouses and look out over the ruins. Or, wander around the cobblestone streets and visit a local Chicheria (corn beer bar). Approximate travel time: Full day by private vehicle with many stops

## Day 4: Sacred Valley/Aguas Calientes (B) Take a train to Aguas Calientes, a frontier town nestled in the hills beneath Machu Picchu. Enjoy the rest of the day taking advantage of the hiking trails and hot springs in the area.

Board a morning train that winds through the spectacular Urubamba Valley to the end of the line: the village of Aguas Calientes, a frontier town nestled in the hills beneath Machu Picchu. Enjoy the rest of the day taking advantage of the hikes and hot springs in the area. Approximate travel time: 1.5 hrs by train

#### Day 5: Machu Picchu/Cusco (B) Start early to visit the 'Lost City' of Machu

#### Picchu. Tour the ruins with an expert guide before returning back to Cusco.

Rise and shine – the best time to see the Lost City of the Incas is in the early morning light. Follow the local guide to Machu Picchu to learn about its history at a leisurely pace. Gain local insight into the Inti Mach'ay cave, Inti Watana, the Temple of the Water, the Temple of the Condor, and the Room of the Three Windows. Take time to sit and feel the energy of this 15th-century site, now both a UNESCO World Heritage site and voted one of the new Seven Wonders of the World (in a worldwide Internet poll). We will then head back to Cusco by train. Approximate travel time: 30 minutes by local bus, 2-3 hrs by train, 2.5 hrs by private vehicle

### Day 6: Cusco (B) Enjoy a free day in Cusco. Opt to visit the local market, a nearby archaeological site, or take the Rainbow Mountain hike.

Enjoy a free day exploring Cusco. See our optional activities further below to find out what we suggest you do with your time.

#### Day 7: Cusco (B) Fly back to Lima and enjoy the last night in the city.

Today we fly to Lima, where you might opt to take the opportunity for a final night out for dinner. Approximate travel time: 1.5 hrs by plane

#### Day 8: Lima (B) Depart Lima at any time.

Today, you may depart Lima at any time. Want more adventure? Book two or more GEEO trips in the same year and receive a discount! GEEO will give you 10% off of the lesser value program(s) (up to 3 programs). If you don't see a program that interests you that pairs with this trip but still would like to extend your time abroad, let us know. We will work with you to find a non-teacher trip from our tour operator's much larger catalog. Even better, if you are an educator, we can still offer you a discounted price on the trip you choose!